

Packing List for European Travel

- Light weight wrinkle-proof clothing
- 1 pair of comfortable walking shoes. Break them in before you go!!
- 1 bathing suit/swim trunks
- 1 pair semi-dress shoes along with 1 semi-dressy outfit
- 1 light weight coat OR JACKET suitable for chilly or rainy weather
- Personal items (toothbrush/paste, soap, Shampoo, deodorant, washcloth etc.)
- Suntan lotion and insect repellent
- 1 small beach towel (Beach travelers only)
- Sunglasses
- Small sewing kit
- Band-aids
- Travel alarm clock
- Small pack of laundry detergent
- Hair dryer/straightener incl. converter for 220V and plug converters
- Prescriptions for glasses/Contact lenses
- Prescriptions for any medication you take regularly
- Anti-motion medicine, anti-diarrhea, laxatives, cold medicine, and any prescriptions IN PRESCRIPTION BOTTLES
- Camera (make sure you have enough memory)
- Books, card game, diary
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*Remember, most name brand cosmetics, medications, and toiletries can be purchased overseas.

**And, if you're traveling with a friend, try to split up toiletries and hair dryer etc. that can be shared.

***Always pack what you will need for one night in your carry-on bag, in the event that the airline misplaces your luggage.

Never pack your passport! Always keep it on your person! The same goes for travelers' checks, cash, credit cards and personal checks. Pack 2 extra passport photos if possible (in the event that you misplace your passport); photo copies of your passport's personal data pages and your airline tickets, unless you have an electronic ticket; a listing of your credit card and travelers' check numbers; and copies of any personal IDs. This info will be extremely valuable should you lose any actual documents. Always keep actual documents on your person, and never in your checked suitcase.